HUNTLY NORDIC SKI CLUB

HUNTLY ROLLERSKI CHAMPIONSHIPS

Scots Series 04

**Sat 10th Sept 2022**

# TIMETABLE OF EVENTS.

09:00 onwards Registration.

09:30-10:00 Safety brief / course familiarisation.

10:00-10:30 U14 / U12 3.7km Time Trial (5 laps)

10:30-11:00 U18 / U16 5.1km Time Trial (7 laps)

11:00-11:15 Novice Flat Course Time Trial (3 laps) Junior + Adult Novices

11:15-12:00 Ladies (Sen/U18) 5.1km Time Trial (7 laps) Heat 1

12:00-12:30 Lunch break

12:30-13:15 Senior Men 7.1km Time Trial (10 laps) Heat 1

13:15-14:00 Senior Men 7.1km Time Trial (10 laps) Heat 2 (if required)

14:15-15:00 Intermediate Novice Race (5 laps – 2km) – may move earlier if no Sen Men Heat 2.

15:00-15:30 Relays

15:30-16:00 Results / medals

15:30 Go home & rest up for Sunday Cairngorm races.

GENERAL POINTS.

* Above timetable is very provisional. I will be surprised if we follow it exactly. Just be ready to go when your heat is called.
* Number of heats dependent on numbers of skiers. We will attempt to have no more than 15 skiers in each heat.
* Read & understand race rules / guidelines.