Clashindarroch Cup & Quaich Challenge 2020

Dear Members,

We were unable to hold any on-snow races last winter and unable to award the Clashindarroch Cup & Quaich for one of these races. What then happens is the fastest Huntly skiers up the Clash Rollerski Hill Climb are awarded the trophies. Unfortunately COVID-19 put a stop to that idea this year but we want to present the Cup & Quaich this year so we are throwing open a challenge to all club members to set your fastest time up the 8.0km course (total climb 202m, descent 35m) using classic technique.

RULES

- 1. Equipment: we would prefer you to use the club's Swenor Classic (yellow) rollerskis. However, we don't want to prevent anyone setting a time so you can use your own classic rollerskis with rubber wheels.
- 2. Start is in Rhynie by playing field at end of metal railings (see photo). Standing start not a rolling start.
- 3. Finish is by parking sign at Clash Ski Trails Car Park (see photo).
- 4. See attached map & course profile.
- 5. We will accept GPX or TPX files or copy of your time if you want to download image from your sports watch or smart phone. We will also accept your word of your time. Guessing the change in position of Sun from your start and finish is probably not accurate enough. Send your time to myself and Roy.
- 6. Should several times be within a few seconds of each other Roy & myself may devise some sort of decider.
- 7. Closing date of the challenge is 30th Sep 2020.

SAFETY CONSIDERATIONS

- 1. You must wear cycle helmet and follow the rules of the Highway Code.
- 2. You must be competent enough on rollerskis to ski on a public road. There are two downhill sections that you should familiarise yourself with before attempt course if you haven't skied it before.
- 3. Junior skiers must only ski course with permission and supervision of their parents. (we recommend having an adult support junior skiers by biking just behind them).
- 4. It is probably sensible to drive/cycle route before rollerskiing to check for hazards. The recent heavy rain has washed gravel onto the road.
- 5. Please park considerately either in in Rhynie or at Clash car park.
- 6. Do not gather in large numbers at the same time come back later if you need to. We must be extra vigilant in following COVID-19 guidelines.
- 7. Behave in a considerate manner to members of the public and any animals that may be on the road. You are representing the club and the sport of cross-country skiing.

Please note there is a logistic issue to consider – the start is in Rhynie and the finish up a fairly big hill 8k away. You are reminded that your solutions to this must fit with Covid restrictions at the time of the event. (I will be hiding my bike in the forest, before driving down to Rhynie to park & ski up to the Clash car park, then bike back down).

Please contact Roy if you want to borrow club rollerskis (no charge). He will explain how this is being done.

We are hoping as many members as possible will take up the challenge. And remember this is for fun.

Any questions please ask myself <u>huntynordicsc@yahoo.co.uk</u> or Roy <u>chair@nordicski.co.uk</u>



