

**Cairngorm Classic Hill Race Scot Series Sunday 9<sup>th</sup> September 2012**  
**British Roller Ski Championships 2012 GB 10 Scot 6**

**Registration form**

Name:	Age on 31 <sup>st</sup> December 2011 (minimum age 10y)
Address:	Phone/e-mail:
Club: Return to roger.homyer@hotmail.co.uk	Entry fee enclosed (pay highland nordic) <b>(£12 vet/senior, £6 U18/U16/U14/U12):</b> £ .....

**Category**

	Veteran>40	Senior	Youth U18	Youth U16	U14	U12
Male						
Female						

(if novice racer write "novice" in the appropriate category)

- Roller ski racing is hazardous. You enter the race **at your own risk** and agree to abide by the decisions of the race committee. Parents/guardians please sign for U18's. Minimum age 10y
- Races will be **time trial** format. Seeding may operate to reduce overtaking
- Courses are on a **public road** and are unsuitable for beginner skiers. Novice racers may enter in a younger category but will be placed as finishing after the final racer in their category
- **No warming-up on the road** on roller skis. Please use the Hayfield and surrounding tracks
- Racers must wear a **protective helmet and glasses**
- Racing is in **classic style** (rule 314.1.1 applies)
- Roller skis should have rubber wheels with at least one working ratchet on each ski. **Minimum wheel width of 30mm.** Otherwise FIS rules apply
- Racers must ski in a **safe** manner. Keep in to the left except when overtaking (overtaking skier passes to right of slower skier). Overtaking skier must do so safely. No racer may cross the central white lines on two-way traffic sections
- Competitors who are not members of clubs will need to arrange **insurance cover**
- The Race Committee may change race times and courses according to circumstances
- **No entry on the day (last entry Friday 7<sup>th</sup>)**
- Spectators are asked to **keep off the road**
- Please park your cars off the road (parking at the Hayfield, Ciste car park, Cas car park, very limited parking at U14/U12 finish)
- Prize giving at the T bar area of the Day Lodge (Cas car park) at 12.30. **Medal or trophy to all finishers**

**Courses**

	Start time	Start	Finish	Length	Total climb
U14/U12	<b>9.30 a.m.</b> (not before)	Hayfield 980094 324m	Forest track 985078 403m	1.73km	80m
Youth U18/U16	<b>10.15 a.m.</b> (not before)	Hayfield 980094 324m	Ciste Car Park 996074 541m	3.58km	220m
Senior/ veteran	<b>11.00 a.m.</b> (not before)	Hayfield 980094 324m	Cas Car Park 989060 620m	5.58km	335m

**I accept the rules and decisions of race officials. I will read the race briefing available near the start.**

Signed.....Date.....