HNSC KNOCKOUT SPRINTS

MEN'S SHIELD & NOVICE

Huntly Nordic & Outdoor Centre

Sat 31st May 2008

Free Technique

MEN PLATE KNOCK-OUT RACES 1135m Hill Course

PRELIMINARY HEATS

Name	Time	Pos

HEATS

	Name	Time	Pos
10	Roy Young	04:31.9	2
	Jaeger Lamont	DNS	
	Fergus Newman	**04:31.4**	**1**
11	**Robert Sircus**	**04:25.0**	**1**
	Sean Borrowman	04:40.0	2
12	**Stuart Gray**	**4:21.0**	**1**
	Oliver Newman	4:22.0	2

SEMI-FINALS

	Name	Time	Pos
22	Frank Kelly (RAF)	03:56.0	2
	Fergus Newman (HNSC)	04:51.0	3
	Sam Cairns (CBNSC)	**03:46.0**	**1**
23	**Rick Newman (CBNSC)**	**03:45.0**	**1**
	Robert Sircus (CBNSC)	04:21.0	3
	Dave Horsley (HNSC)	03:45.5	2
24	Jaeger Lamont (CBNSC)	04:03.0	2
	Stuart Gray (HNSC)	04:32.0	3
	Jamie Homyer (Highland Nordic)	**03:48.0**	**1**

FINAL

	Name	Time	Pos
FINAL (28)	**Sam Cairns (CBNSC)**	**03:48.0**	**1**
	Rick Newman (HNSC)	03:52.0	2
	Jamie Homyer (Highland Nordic)	03:59.0	3

NOVICE KNOCK-OUT RACES 655m Flat Course

HEATS

	Name	Time	Pos

SEMI-FINALS

	Name	Time	Pos
25	**Charles Fletcher (CSC)**	**02:07.0**	**1**
	Hannah Richardson (CBNSC)	02:47.0	3
	Edward Fletcher (CSC)	02:37.0	2
26	**Daniel Milne (HNSC)**	**02:17.0**	**1**
	Geraldine Sircus (CBNSC)	02:57.0	3
	John Richardson (CBNSC)	02:39.0	2
	Andrew Swarbrigg (HNSC)	03:16.0	
27	**Hector Cowie (CBSC)**	**02:21.0**	**1**
	Lynne Gray (HNSC)	02:38.0	2
	Rex Sircus (CBNSC)	DNS	
	Mic Pasterny (u/a)	04:32.0	3

FINAL

	Name	Time	Pos
FINAL (29)	**Charles Fletcher (CSC)**	**02:03.0**	**1**
	Daniel Milne (HNSC)	02:13.0	2
	Hector Cowie (CBNSC)	02:14.0	3